



Get Fit Menu

Mix & Match your 500 calorie meal

Choose an entrée, a salad, and one vegetable

Contact for pricing

ENTREÉS

Chicken Florentine
Lemon Artichoke Chicken
Seared Chicken with Apricot Sauce
Artichoke & Tomato Flatbread
Greek Salad

SALADS

Fresh Garden Salad
Spinach Salad

VEGETABLES

Asparagus	Steamed Broccoli
Zucchini & Squash	Roasted Veggies
Steamed Cabbage	Fresh Green Beans

Delivery, Labor, & Tax are not included

Caloric Breakdown

ENTREÉS

CALORIES

Chicken Florentine	210
Lemon Artichoke Chicken	300
Seared Chicken with Apricot Sauce	252
Artichoke & Tomato Flatbread	271
Greek Salad	270

SALADS

Fresh Garden Salad	51
Greek Salad	90

VEGETABLES

Asparagus	27
Zucchini & Squash	64
Steamed Cabbage	52
Steamed Broccoli	24
Roasted Veggies	45
Fresh Green Beans	31